



REBECCA CHAPMAN presents a **TOTAL ENSEMBLE ARTS INITIATIVE**  
in association with **JANE HAWKSLEY, NORWICH SCHOOL & BOOJA BOOJA**



**The**  
**AUTUMN**  
**FESTIVAL**  
**of Norfolk**  
Signature Project

# Dance into the Fall



Welcome to Dance into the Fall 2024. How excited we have been to return after a successful pilot as part of the autumn festival 2023.

As the light dwindles, autumn is a perfect time to direct the spotlight onto the work of our professional dance artists, who have been creating, choreographing and delivering dance projects for and alongside their amazing participants and dancers throughout the year. Dance into the Fall is a place for us to share the important work and delectable play that combine to create the fantastic feast of dance you will enjoy this evening.

There are many people and organisations that this evening's contributors are grateful to - those who have helped them as individuals, those who selflessly and generously support independent arts projects in so many ways, not least Steph & Emma of Movement Connects and Rachel Canavan of Copperdot Studio, who's energy and commitment continue to support the dance community by bringing us all together.

I would like to thank the grafters at the Autumn Festival, Victoria Jenkins, the team behind the scenes, Scott Meacock, all our volunteers, Tim Tracey our technician, Booja Booja for believing in Total Ensemble from the very beginning and for providing chocolates for us to enjoy ever since and every supporter of Total Ensemble, Theatre Company and Arts Initiative, over the last 14 years.

Finally, I thank Peter Barrow and Stash Kirkbride, the twin power turbo engine behind this autumn festival of Norfolk that has been delivering fun, glitz and fizz during the lead up to winter for so many years now,

### Rebecca Chapman

Artistic Director Total Ensemble  
(Theatre Company and Arts initiative)

Founder and Producer Dance into the Fall

Your feedback is invaluable to the sustenance of every dancer and their work.

We invite you to join us for post-show drinks, chocolates and chit chat.

The Norwich Dandies will move among you and encourage you to write your thoughts and feelings about the evening and all the dances onto paper leaves that we will hang from the Dance into the Fall tree.



NORWICH SCHOOL



THE NORWICH  
DANDIES



Jane Hawksley

# RUNNING ORDER



Cadenza  
DANCE COMPANY

**FOLK THAT! AND CADENZA, WELCOME YOU TO THE FALL, THEIR SEASONAL RITUAL THAT WILL PREPARE THE GROUND FOR YOU IN ORDER TO RECEIVE.**

An ode to autumn and all that it brings. A reminder of how interconnected we are, to all who have been before and all yet to come, calling us to our deep belonging to this beautiful earth through the only way we know; dance. Concept and direction, Sarah Lewis and Laura Anderson – Glass House Dance Choreography Laura Anderson and dancers. Violin and vocals, Bertie Bow.



## NEVER JUDGE A BOOK

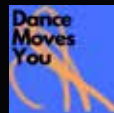
Xen Arts takes a playful look at the stereotypes and assumptions made about older people. The brilliant dancers explored movement ideas around people's perceptions of them. Tonight, they challenge these perceptions with sparkle and pzazz! Created with Domi Bernardin and Xenoula Eleftheriades.



**RACHEL CANAVAN'S ELEGANT COMPANY OF DANCERS, TIMELESS STORIES, HAS CREATED A BEAUTIFUL STUDY, STILL, WHERE RESTING BECOMES DANCING.**

In workshops and rehearsals, the company explored human connectedness to the environment, where tiny moments fill the space. The piece is accompanied by an evocative film projection made by Rachel. Choreography Rachel Canavan and dancers.

**PULSE** is a high energy exploration of the way music moves us, how it makes us feel and the energy it gives us. Emily reflects on personal moments and memories of when she has connected to music. She moves through different styles from contemporary to hip hop. Pulse looks to celebrate the joy and power that the synergy of music and movement creates. Choreographed and performed by Emily Thomas.



## DANCE MOVES YOU PRESENTS MOMENTS

Life is but a series of moments, sometimes they passed us by and other times we are truly present and can bask in the magic of being alive and connecting with each other! Some moments are uncomfortable, and others passed too quickly yet life keeps moving on and like nature is always changing and evolving. We hope you will be truly present with us in this sharing of Moments! Choreography Katy Dunne and dancers.

**ANTOINETTE ; A FIRST SKETCH** is inspired by the words of Antoinette Pienaar, a performance artist who, almost dying from cerebral malaria, travelled to an isolated farm where she became the apprentice of Oom Johannes, a shaman. It was Antoinette's voice that urged Rebecca to dance out some deeply buried samskaras. We hear Antoinette describe her grief at the recent death of Johannes and we hear other voices that might reflect a little of a lot of lives. Choreographed and performed by Rebecca Chapman.



## IN CAHOOTS - WHAT'S IT ALL ABOUT? NOBODY KNOWS!

Choreographer, Abby Page, has shaped this piece while crowdsourcing movement ideas from the performers. There are moments of cohesion and connection, adaptation and negotiation, mayhem and chaos. You might want to know the meaning is behind it all. There isn't one. Sometimes when we watch a dance piece, we find our own meaning. If you know what it's all about, please let us know!

Help us perform at BewegGrund festival, Switzerland!  
See Crowdfunder:

<https://incahootsdance.weebly.com>